



Emotionally Inclusive Practices

AN EMOTIONAL, CULTURAL
AND RESTORATIVE FRAMEWORK

Emotionally Inclusive Practices

Developing the Social, Emotional and Academic Skills
of Leaders, Teachers and Students



About the Presenter

Brian Dinkins, Ed.D.

is CEO of the Center for Empowering Education, an organization that

provides parents and students in disenfranchised communities with training, mentoring and advocacy to increase access to college and careers. Raised by a single mother in the inner city of Indianapolis, he didn't perform well academically in high school. With the support of teachers, coaches and mentors, he earned a B.A. from Purdue, where he played football for the Big Ten Champion Boilermakers. Brian has served as a teacher, coach and principal in urban settings at a traditional public school, two charter schools and at a faith-based school. Brian is an associate professor and Director of Experiential Program for Preparing School Principals (EPPSP) at Butler University.

Emotionally-Inclusive Practice (EIP) is the practice of integrating emotion into every part of the educational experience. Emotions lay the foundation for behavior that grounds us in how we see the world and how we respond in our everyday interactions. Developing the emotional intelligence of adults and children across our implicit bias, cultural consciousness and understanding student and/or our own trauma gives us the awareness and skill to create restorative communities that prioritize all relationships.

EIP is a practical, skills-based framework. Leaders, teachers, staff and students learn and apply a set of six core practices that transform the classroom and school community.

PARTICIPANT OUTCOMES

Emotionally Inclusive Practices focus on improving six key performance indicators that impact school culture and climate.

These indicators include:

- Increased the emotional intelligence of faculty, staff and students
- Improved classroom management
- Dramatic reduction in office referrals
- Improved sense of community and belonging by students and teachers
- Increase in academic outcomes for students
- Fewer trauma-related behaviors
- Improved teacher satisfaction and retention
- Stronger peer-to-peer and student-teacher relationships



PROCESS

Emotionally Inclusive Practices is a practical and skill-based framework. These six core practices include:



Practice

Practice

Practice

Practice

Practice

Practice

Emotional Intelligence:

Develop the ability to understand, manage and use their emotions in a proactive and positive way.

Restorative Community:

Learn the skills necessary to build, repair and enhance relationships within a collaboratively designed community.

Unbiased:

Develop an awareness and understanding of culture and learn skills and strategies that create belonging (diversity and inclusion) in the classroom.

Cultural Consciousness:

Develop an awareness and understanding of trauma and learn skills and strategies that create safety, vulnerability and support.

Trauma-Sensitive:

Develop an awareness and understanding of implicit bias and learn skills and strategies that address hidden prejudice, stereotyping and unfair treatment.

Equitable:

Develop an awareness and understanding of equity, define equity as a community and develop the processes and systems that ensure equity for all stakeholders.

